# Distributed Polarization Dependent Loss Monitoring using Polarization Resolved Pilot Tone

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**Abstract** We propose and experimentally demonstrate a novel scheme to monitor polarization dependent loss of lightpath segments distributedly using polarization resolved pilot tone technology. Better than 0.1 dB accuracy is achieved.

## Introduction

Accurate characterization of lightpath (LP) components and parameters uncertainties is desired to more accurately allocate system operating margins [1-7]. Among various link parameters, polarization dependent loss (PDL) caused by the devices along the link is a major impairment in polarization multiplexed (PM) systems. Different methods have been proposed to monitor PDL of link segment [8, 9]. In [8], the signal-to-noise ratio (SNR) distribution induced by PDL is proposed to estimate the ROADM (reconfigurable optical add-drop multiplexer) PDL. The approach was verified in simulation, but its validality in real link has yet to be confirmed as there are other factors affecting SNR in addition to PDL. In [9], amplitude modulation pilot tone (PT) was proposed to monitor the accumulated PDL from transmitter to PT detector. However, the acutally monitored is the PDL-induced orthogonal polarization power ratio (OPPR) rather than PDL itself. OPPR is equal to PDL only if the signal's polarization is aligned with PDL's principal axis. There still lacks effective distributed PDL monitoring capability in real fiber optical links.

In this paper, we propose to use polarization resolved PT technology to monitor the PDL value of link segment distributedly. The proposed scheme is first shown mathmatically, and is then verified by simulations and experiments.

## **Monitoring Principle**

The basic principle is illustrated in Fig. 1. In the PM transmitter (Tx), PTs with different frequencies are applied to each polarization. Without lossing generality for the purpose of PDL monitoring, the link is simplified to SOP rotations  $R_1$  and  $R_2$ , as well as PDL elements  $PDL_1$  and  $PDL_2$ . PT detectors PTD<sub>1</sub> and PTD<sub>2</sub> are placed along the link to monitor the OPPR  $\Delta P_1$  and  $\Delta P_2$ , respectively. For PT detection, a small portion of signal power is tapped. In deployed optical fiber communication systems, random SOP rotation occurs due to environment change, resulting in the OPPR change [10]. PDL can then

be obtained by using the extreme values in OPPR measurements, just as in the typical PDL measurement [11].



Fig. 1: Schematic of distributed PDL monitoring using polarization resolved pilot tone.

For simplicity, only two lightpath segments (delineated by adjacent PTDs) are shown in Fig. 1. The PDL of the lightpath segment between PTD<sub>1</sub> and PTD<sub>2</sub> is obtained by the extreme values in the difference waweform  $\Delta P_{21}(t) = \Delta P_2(t) - \Delta P_1(t)$ . Both  $\Delta P_1(t)$  and  $\Delta P_2(t)$  are in dB unit. Note that in a lightpath with multiple PTDs, the PDL value of all segments can be obtained, providing distributed monitoring capability.

Polarization resolved pilot tone: As explained in [5], amplitude modulation PT can be easily applied in the Tx DSP with no additional cost. To differentiate each polarization stream, different PT frequencies are used for orthogonal polarizations. Let  $E_{0x}(t)$  and  $E_{0y}(t)$  be the complex electrical field for X/Y polarizations without PT. With PT modulation, they become

$$E_{0x}(t)(1 + m_x \cos(2\pi f_x t)),$$
(1a)  

$$E_{0y}(t)(1 + m_y \cos(2\pi f_y t)),$$
(1b)

where  $f_x$  and  $f_y$  are the PT frequencies for X and Y polarizations, respectively;  $m_x$  and  $m_y$  the corresponging modulation index. This polarization resolved PT enables separate monitoring of the signal power in each Tx polarization without using complex polarization diversity detection.

*OPPR detection*: After passing SOP rotations and PDL elements between the the Tx and monitoring point, the signal that arrives at the monitoring point is expressed as

$$\binom{E_x(t)}{E_y(t)} = \mathbf{H} \binom{E_{0x}(t)(1 + m_x \cos(2\pi f_x t))}{E_{0y}(t)(1 + m_y \cos(2\pi f_y t))},$$
(2)

We5.40

where **H** represents the channel response of N cascaded SOP rotations and PDLs, and is given by

$$\mathbf{H} = \prod_{i=1}^{N} \begin{pmatrix} (1+\gamma_i)^{1/2} & 0\\ 0 & (1-\gamma_i)^{1/2} \end{pmatrix} \begin{pmatrix} e^{j\phi_i}\cos\theta_i & -e^{-j\phi_i}\sin\theta_i\\ e^{j\phi_i}\sin\theta_i & e^{-j\phi_i}\cos\theta_i \end{pmatrix}.$$
 (3)

In (3),  $\gamma_i$  is PDL parameter for the *i*th PDL element (its PDL value in dB is defined as  $10 \log_{10}(\frac{1+\gamma_i}{1-\gamma_i})$ ),  $\phi_i$  and  $\theta_i$  are angles describing the *i*th SOP rotation.

In PT detection, the optical power waveform

$$I(t) = |E_x(t) + E_y(t)|^2$$
(4)

is converted into electrical domain by a photodetector and then digitized by an ADC. Inserting (2) to (4), one can find that the magnitudes of the pilot tones with frequencies  $f_x$  and  $f_y$  are

$$P_{f_x} = (|H_{11}|^2 + |H_{21}|^2) m_x \overline{|E_{0x}(t)|^2} , \qquad (5a)$$

$$P_{f_{y}} = (|H_{12}|^{2} + |H_{22}|^{2}) m_{y} |E_{0y}(t)|^{2} , \qquad (5b)$$

where  $H_{u,v}$  represents the element in the *u*th row and *v*th column of **H** ( $u, v \in \{1,2\}$ ), and the average time window is the integration time for one PT detection period, which is in the order of milliseconds. **H** is assumed invariant during one PT measurement. In deriving (5), the high order terms containing  $m_x^2$ ,  $m_y^2$  are neglected, and the cross terms containing  $E_{0x}(t)E_{0y}^*(t)$ ,  $E_{0x}^*(t)E_{0y}(t)$  are averaged out to zero. The OPPR in dB unit is given by

$$\Delta P = 10 \log_{10} \left( \frac{(|H_{11}|^2 + |H_{21}|^2)}{(|H_{12}|^2 + |H_{22}|^2)} \frac{m_x \overline{|E_{0x}(t)|^2}}{m_y \overline{|E_{0y}(t)|^2}} \right).$$
(6)

 $\frac{m_x |E_{0x}(t)|^2}{m_y |E_{0y}(t)|^2}$  is pilot tone ratio at the Tx output and is known. It is set to 1 for simplicity. When N = 1,

one can derive the OPPR in dB by using (2), (3), and (6), and the derived result is

$$\Delta P_1 = 10 \log_{10} \frac{1 + \gamma_1 \cos 2\theta_1}{1 - \gamma_1 \cos 2\theta_1} \quad . \tag{7}$$

As is seen the PDL paramter  $\gamma_1$  can be obtained when the OPPR achieves its maximum ( $\theta_1 = 0$ ) or minimum ( $\theta_1 = \pi/2$ ).

PDL monitoring of lighpath segment: The PDL of any lightpath segment between two PTDs can be obtained by monitoring their OPPRs, as the extremes in the OPPR *difference* is linked to the segment PDL only. We consider the case of N=2without loss of generality. It can be shown that the OPPR after the second PDL element is expressed as

$$\Delta P_2 = 10 \log_{10} \frac{1 + \gamma_2 \cos 2\theta_2}{1 - \gamma_2 \cos 2\theta_2} + \Delta P_1.$$
(8)

The OPPR difference (  $\Delta P_2 - \Delta P_1$  ) is only determined by  $\theta_2$  and  $\gamma_2$ . This is because by

subtracting the OPPR at the PDL<sub>1</sub> output, any power imbalance in two polarizations up to that point is normalized out, the OPPR difference depends only on the PDL and SOP between those two locations.

We simulated the configuration in Fig. 1 with 0.3 dB for PDL<sub>1</sub>, 0.5 dB for PDL<sub>2</sub>, and random SOP rotations  $R_1, R_2$ . Two OPPR waveforms at PTD<sub>1</sub> and PTD<sub>2</sub> are shown in the upper subfigure of Fig. 2.  $\Delta P_1$  is between -0.3 and +0.3 dB, because only PDL1 is involved. For PTD<sub>2</sub>,  $\Delta P_2$  is between -0.8 and +0.8 dB, because both PDL<sub>1</sub> and PDL<sub>2</sub> contribute to its OPPR. The difference OPPR is shown in the lower subfigure of Fig. 2, where the extreme values (-0.5dB, +0.5 dB) depend on PDL<sub>2</sub> only. Note that it is less likely for  $\Delta P_2$  to reach extremes as it depends on both SOP rotation  $R_1$  and  $R_2$ . In addition, the randomness of the OPPR difference depends on  $R_2$  only, not on  $R_1$ .



Fig. 2: Simulation results.

SOP speed discussion: The proposed method relies on the assumption that the SOP does not change in one PT measurement, but covers all possible states after sufficiently large number of measurements. As shown in [10], the monitored end-to-end PDL of link exhibits small change within a relatively short period (in the order of hours), but it changes substantially when the monitoring period is longer (days or weeks). Therefore, the above assumption could be satisfied. In the case when SOP does change significantly within one PT measurement, the measurement will not affect the PDL monitoring result, as only the extreme values in OPPR is used to obtain the PDL value.

### **Experimental Demonstration**

To further verify the concept, an experimental setup shown in Fig. 3 is used. A commercialized Tx generates PM-QAM signal with PT of frequencies of 43.36 and 44 MHz on orthogonal polarizations. A variable optical attenuator (VOA) is introduced to provide power variation to mimic real link condition. Two SOP scramblers are used to introduce random SOP rotation. Note that this is only for lab confirmation, in the deployed optical networks, natural SOP rotations due to environment change is used. The values of the PDL emulators are also measured using typical method, and treated as the true PDL. The PT detection is done by the PTD embedded in EDFA cards.



Fig. 3: Experimental setup.

PTD performance analysis: In optical networks, although channel power fluctuation happens due to many factors, such as the fiber loss evolution and EDFA gain change, the proposed PDL monitoring is not affected by such power fluctuation. This benefit comes from the fact that OPPR is a relative power measurement of the orthogonal polarizations. To verify this, the OPPR is measured without SOP rotation while more than 2 dB power fluctuation is introduced. As shown in Fig. 4, while the tone powers vary by more than 2 dB, the power difference between them is very stable, with less than 0.1 dB peak to peak variation. This indicates that better than 0.05 dB PDL estimation accuracy can be achieved.



Fig. 4: Optical power of individual tones and their difference.

PDL monitoring performance: Since the PDL monitoring of the first PDL element is straightforward and relatively trivial, we demonstrate the monitoring of the second PDL element. 5 different PDL values are measured. The results are shown in Fig. 5, where the straight dash line indicates the set PDL values. The error is less than 0.05 dB, consistent with the OPPR measurement uncertainty.



Fig. 5: Monitored PDL value vs. set PDL.

We5.40

In another demonstration, the PDL of a 1x20 wavelength selective switch (WSS) is monitored, as WSS is the major PDL contributor in the link. The second PDL emulator in Fig. 3 is replaced by the WSS under test. Figure 6 shows the monitored PDL as a function of wavelength for 3 ports, port 1, 12, and 20 (black solid curves). As comparison, the PDL values obtained with typical measurement method are also shown (red dash-dotted curves). The mean values of the monitoring errors are 0.036 dB, 0.052 dB, and 0.063 dB for Port 1, 12, and 20, respectively. This demonstration shows the capability of monitoring the PDL of link components for each signal at its wavelength.



Fig. 6: Monitored WSS PDL vs. wavelength.

#### Conclusion

Polarization resolved PT is proposed to monitor PDL of link segments. The proposed scheme provides accurate, distributed, and wavelengthdependent PDL monitoring capability, leading to more accurate margin allocation. With the low cost PT technology already widely-deployed in the optical networks, it is essentially free. This monitoring capability opens up opportunities for PDL mitigation in the photonic layer.

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We5.40

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