# Analytical SNR Prediction in Long-Haul Optical Transmission using General Dual-Polarization 4D Formats

Tu1D.5

Zhiwei Liang<sup>(1)</sup>, Bin Chen<sup>(1)</sup>, Yi Lei<sup>(1)</sup>, Gabriele Liga<sup>(2)</sup> and Alex Alvarado<sup>(2)</sup>

<sup>(1)</sup> School of Computer Science and Information Engineering, Hefei University of Technology, China \* bin.chen@hfut.edu.cn

<sup>(2)</sup> Department of Electrical Engineering, Eindhoven University of Technology, The Netherlands

**Abstract** Nonlinear interference models for dual-polarization 4D (DP-4D) modulation have only been used so far to predict signal-signal nonlinear interference. We show that including the signal-noise term in the prediction of the effective signal-to-noise ratio in long distance DP-4D transmission improves the accuracy by up to 0.2 dB. ©2022 The Author(s)

## Introduction

Nonlinear interference (NLI) modeling in optical fiber transmission is a key tool to analyze the performance of optical communication systems and to optimize modulation formats. Various analytical models for nonlinear fibre propagation have been proposed in the literature [1]-[3]. Among these models the enhanced Gaussian noise (EGN) model enables an accurate estimatation of the NLI induced by polarization-multiplexed 2D (PM-2D) formats, where two identical 2D formats are used to transmit information independently over two orthogonal polarization modes. However, PM-2D formats are only a subset of all the possible dual-polarization four-dimensional (DP-4D) modulation formats, e.g., geometrically-shaped 4D formats [4], [5].

Multidimensional modulation formats have been considered as an effective approach to harvest shaping gains [6], especially in nonlinear optical fiber channel [7]. In order to fully explore the potential of DP-4D modulation formats in the nonlinear fiber channel, 4D NLI models have been introduced in [8], [9] as a tool to efficiently find a trade-off between linear and nonlinear shaping gains [10], [11].

Under the additive NLI noise assumption, the effective signal-to-noise ratio (the SNR after fiber propagation and the receiver digital signal processing including chromatic dispersion compensation and phase compensation) for multi-span systems can be approximated as

$$\mathsf{SNR}_{\mathsf{eff}} \triangleq \frac{P}{N_s \sigma_{ASE}^2 + \sigma_{ss}^2 + \sigma_{sn}^2}, \qquad (1)$$

where P denotes the transmitted signal power per channel,  $N_s$  is the number of spans. The total noise power consists of three parts: i) amplified spontaneous emission (ASE) noise over one span denoted as  $\sigma_{ASE}^2$ , ii) signal-signal (S-S) NLI power denoted as  $\sigma_{ss}^2$  and iii) signal-ASE noise (S-N) NLI power denoted as  $\sigma_{sn}^2$ .

In previous works, 4D NLI models have been validated and used only in terms of  $\sigma_{ss}^2$  prediction. The impact of  $\sigma_{sn}^2$  in the total effective SNR was thus neglected for general DP-4D formats.

In this work, by assessing the contribution of signal-ASE noise interaction in the total NLI power, we analytically study the effective SNR in multispan amplified optical fiber transmission systems using general DP-4D formats. This study is validated via split-step Fourier method (SSFM) simulations using various DP-4D modulation formats. Our results show that including the S-N term can reduce the estimation error of the effective SNR by 0.2 dB, which can be translated into a 4% prediction accuracy improvement in terms of transmission reach.

### Improving the Accuracy for 4D NLI Model

To improve the accuracy of the effective SNR prediction, we study the impact of signal-ASE interaction for optimized 4D modulation formats based on the NLI model, which is built on the fact that the x- and y-polarization could be dependent of one another [9].

For dual-polarized signals over single-channel transmission, the signal-signal NLI power  $\sigma_{ss}^2$  in Eq. (1) can be approximated as [12, Eq. (1)]

$$\sigma_{ss}^2 \approx \eta_{ss} N_s^{1+\varepsilon} P^3, \tag{2}$$

where  $\varepsilon$  is a coherence factor for self channel interference which is a function of fiber link parameters (attenuation, dispersion, span length, etc) [1, Eq.(40)]. The  $\eta_{ss}$  denotes the signal-signal NLI power coefficient over one span. Here we denote the accumulated signal-signal NLI power coefficient over  $N_s$  spans as  $\eta_{ss}^{(N_s)} = \eta_{ss} N_s^{1+\varepsilon}$ . For gen-

eral DP-4D formats, the modulation-dependent coefficient  $\eta_{ss}^{(N_s)}$  for multi-span system can be calculated using Eq. (1) in [13].

As we discussed in the introduction, the ASE noise generated by erbium-doped fibre amplifier (EDFA) leads not only to an additive white Gaussian noise (AWGN) but also to a nonlinear interference that produced by ASE noise and transmitted signal interaction [14]. Under the assumption of flat transmitted signal spectrum and same propagated signal and ASE noise bandwidth, the signal-ASE NLI power coefficient can be estimated as  $\eta_{sn} = 3\eta_{ss}$  [12], [15]. Thus, by following [15, Eq. (8)], the NLI power of signal-ASE interaction for DP-4D modulation can be derived as

$$\sigma_{sn}^2 = \xi \eta_{sn} \sigma_{ASE}^2 P^2 = 3\xi \eta_{ss} \sigma_{ASE}^2 P^2, \quad (3)$$

where  $\sigma_{ASE}^2$  is the power of ASE noise over one span,  $\xi \approx \frac{N_s^{2+\varepsilon}}{2+\varepsilon} + \frac{N_s^{1+\varepsilon}}{2}$  is the signal-ASE NLI accumulation coefficient.

Therefore, by considering both signal-signal and signal-ASE interaction, the NLI power can be estimated via Eq. (2) and (3), where we can obtain  $\eta_{ss}$  as  $\eta_{ss}^{(N_s)}/N_s^{1+\varepsilon}$ . Note that  $\eta_{ss}^{(N_s)}$  is a constant value (for a given system configuration) linked to the contributions of both modulation-independent and modulation-dependent nonlinearities, thus NLI power is also a function of the given 4D modulation format.

The optical system we consider in this work is a single channel, multi-span transmission system with a symbol rate of 45 GBaud and a rootraised-cosine filter with roll-off factor of 0.01%. The fiber link has the following parameters: attenuation coefficient  $\alpha = 0.2$  dB/km, dispersion parameter  $\beta_2 = -21.7$  ps<sup>2</sup>/km and nonlinear coefficient  $\gamma = 1.3$  (W km)<sup>-1</sup>. Each span consists of an 80 km single-mode fiber followed by an EDFA with a noise figure of 5 dB.

Fig. 1 shows the noise power, i.e.,  $\sigma_{ASEtot}^2 = N_s \sigma_{ASE}^2$ ,  $\sigma_{ss}^2$ ,  $\sigma_{sn}^2$ , against transmission distance. Considering for example 4D-PRS64 at a distance of 1600 km,  $\sigma_{sn}^2$  differs from  $\sigma_{ss}^2$  by a factor of 17.2 dB, while the difference is reduced to 10.6 dB for that of 7500 km. The proportion of  $\sigma_{sn}^2$  in NLI power keeps increasing as the number of fiber span increases.

To investigate the dependence of signal-ASE NLI on the modulation format, uniform square PM-256QAM is chosen as a baseline format and the NLI power is shown as dashed lines in Fig. 1. A 0.3 dB gap can be found when comparing these two modulation formats. It is also shown



Fig. 1: Noise power versus transmission distance at launch power of 0.5 dBm. Noise is shown separately, as ASE noise, signal-signal NLI and signal-ASE NLI.

that the gap between  $\sigma_{sn}^2$  and  $\sigma_{ss}^2$  decreases as the transmission distance increases. In particular, this gap reduces from 17.2 dB at 1,500 km to 10.6 dB at 7,500 km. This indicates that the effect of signal-ASE NLI can not be fully neglected in very long-distance transmission. More results of modulation formats are shown in the next section.

#### Simulation Results and Analysis

In this section, the accuracy of 4D model with S-S and S-N is validated via comparing with SSFM for different 4D modulation formats. The SSFM simulates the nonlinear Manakov equation with an uniform step size of 0.1 km.

In Fig. 2 (a) and (b), the estimation of NLI power are evaluated by using i) the 4D model with S-S only (blue bars)<sup>1</sup>, ii) 4D model with S-S and S-N (red bars), iii) SSFM (yellow bars) for different distances and modulation formats, respectively. To target on a practical SD-FEC with 25% overhead, 4D modulation formats are selected at required minimum SNR in which GMI = 0.8m bit/4D for different spectral efficiencies with  $m \in \{3, 4, 5, ..., 10\}$  from the existing 4D formats, which include the sphere packing database in [16], some recently proposed 4D formats such as 4D-64PRS [5] and a family of 4D orthant-symmetric (OS) formats [11].<sup>2</sup>

Fig. 2 (a) shows that the gap between our analytical predictions and SSFM becomes larger as distance increases for 4D-OS128 format [17]. For a distance of 8000 km, the 4D model with S-S underestimates NLI power by 15% compared to SSFM, which can be halved by considering the S-N term. In order to translate this gap into effective SNR, we define the deviation of the effec-

<sup>&</sup>lt;sup>1</sup>Note that the 4D model is equivalent to EGN model for conventional PM-2D formats.

<sup>&</sup>lt;sup>2</sup>The coordinates and labeling of these 4D modulation formats can be also found online at https://github.com/TUe-ICTLab/Binary-Labeling-for-2D-and-4D-constellations.



Tu1D.5

**Fig. 2:** Simulation results of multi-span optical fiber transmission with single channel: (a) NLI power and ΔSNR<sup>model</sup> vs. transmission distance for 4D-OS128 (inset); (b) NLI power for 4D various modulation formats at distance of 8000 km.

tive SNR between a NLI model (4D or 4D model with S-N) estimation and the SSFM simulation as  $\Delta SNR_{eff}^{model} \triangleq SNR_{eff}^{model} - SNR_{eff}^{SSFM}$ . For all distances shown, the deviation of 4D model with considering S-N interaction (red line in Fig. 2 (a)) is within 0.1 dB.

Fig. 2 (b) shows the NLI power estimation for various modulation formats with different cardinalities M over a distance of 8000 km. For all models shown, the tolerance of different 4D modulation formats to NLI is different. For example, the 4D-64PRS with constant modulus property has better nonlinear tolerance. In addition, for all 4D modulation formats shown, the 4D model with S-N can improve the prediction accuracy of NLI power.

Fig. 3 shows the transmission performance estimation in terms of normalized generalized mutual information (NGMI) for the 4D models. It can be found that the 4D model with S-N can reduce the transmission reach prediction error by 2% and 4%, when compared to the 4D model with S-S only at NGMI of 0.8 for 4D-OS512 and 4D-OS128, respectively. The prediction accuracy gains come from reducing the 4D model overestimation of SNR<sub>eff</sub> compared to the 4D model with S-N. As shown in the insets (a) and (b) of Fig. 3, the 4D model with S-N reduces the gap from SSFM by 0.1 dB at 6000 km for 4D-OS512 and by 0.2 dB at 10000 km for 4D-OS128 compared to accounting only for the S-S term. Therefore, the 4D model with S-N could provide a better accuracy on performance prediction than 4D model, especially in long-distance transmission.

#### Conclusion

In this paper, we evaluated the weight of signal-ASE noise interaction in the prediction of the effective SNR of general DP-4D constellations. Our results show that when signal-ASE noise interactions are considered the accuracy of SNR estimation is improved by 0.2 dB with respect to using existing 4D NLI models to compute only the signal-signal NLI contribution. Providing an analytical expression for the signal-ASE noise interaction may improve the design of nonlineartolerant 4D modulation formats in long-haul systems. Future work will focus on the design of DP-4D formats minimising the joint contribution of signal-signal and signal-noise NLI.

Acknowledgements: This work was partially supported by the National Natural Science Foundation of China (62171175, 62001151), and funded by the EuroTechPostdoc programme and the European Research Council (754462 and 757791).



Fig. 3: NGMI vs. transmission distance at optimal launch power for 4D-OS128 and 4D-OS512. Insets: SNR<sub>eff</sub> vs. launch power.

#### References

 P. Poggiolini, G. Bosco, A. Carena, V. Curri, Y. Jiang, and F. Forghieri, "The GN-Model of fiber non-linear propagation and its applications", *Journal of Lightwave Technology*, vol. 32, no. 4, pp. 694–721, 2014. DOI: 10. 1109/JLT.2013.2295208.

Tu1D.5

- [2] R. Dar, M. Feder, A. Mecozzi, and M. Shtaif, "Properties of nonlinear noise in long, dispersion-uncompensated fiber links", *Optics Express*, vol. 21, no. 22, pp. 25685– 25699, Nov. 2013. DOI: 10.1364/0E.21.025685.
- [3] A. Carena, G. Bosco, V. Curri, Y. Jiang, P. Poggiolini, and F. Forghieri, "EGN model of non-linear fiber propagation", *Optics Express*, vol. 22, no. 13, pp. 16335– 16362, Jun. 2014. DOI: 10.1364/0E.22.016335.
- [4] K. Kojima, T. Yoshida, T. Koike-Akino, et al., "Nonlinearity-tolerant four-dimensional 2A8PSK family for 5-7 bits/symbol spectral efficiency", *Journal of Lightwave Technology*, vol. 35, no. 8, Apr. 2017, ISSN: 0733-8724. DOI: 10.1109/JLT.2017.2662942.
- [5] B. Chen, C. Okonkwo, H. Hafermann, and A. Alvarado, "Polarization-ring-switching for nonlinearity-tolerant geometrically shaped four-dimensional formats maximizing generalized mutual information", *Journal of Lightwave Technology*, vol. 37, no. 14, pp. 3579–3591, 2019. DOI: 10.1109/JLT.2019.2918072.
- [6] G. Forney, R. Gallager, G. Lang, F. Longstaff, and S. Qureshi, "Efficient modulation for band-limited channels", *IEEE Journal on Selected Areas in Communications*, vol. 2, no. 5, pp. 632–647, 1984. DOI: 10.1109/JSAC.1984.1146101.
- [7] R. Dar, M. Feder, A. Mecozzi, and M. Shtaif, "On shaping gain in the nonlinear fiber-optic channel", in *IEEE International Symposium on Information Theory*, Jun. 2014, pp. 2794–2798. DOI: 10.1109/ISIT.2014. 6875343.
- [8] H. Rabbani, M. Ayaz, L. Beygi, et al., "Analytical modeling of nonlinear fiber propagation for four dimensional symmetric constellations", *Journal of Lightwave Technology*, vol. 39, no. 9, pp. 2704–2713, 2021. DOI: 10. 1109/JLT.2021.3055966.
- [9] G. Liga, A. Barreiro, H. Rabbani, and A. Alvarado, "Extending fibre nonlinear interference power modelling to account for general dual-polarisation 4D modulation formats", *Entropy*, vol. 22, p. 1324, Nov. 2020. DOI: 10. 3390/e22111324.
- [10] G. Liga, B. Chen, and A. Alvarado, "Model-aided geometrical shaping of dual-polarization 4D formats in the nonlinear fiber channel", in *Optical Fiber Communications Conference*, 2022, paper Th1H.3.
- [11] B. Chen, G. Liga, Y. Lei, et al., "Shaped fourdimensional modulation formats for optical fiber communication systems", in *Optical Fiber Communications Conference*, 2022, paper Th3F.4.
- [12] D. Lavery, D. Ives, G. Liga, A. Alvarado, S. J. Savory, and P. Bayvel, "The benefit of split nonlinearity compensation for single channel optical fiber communications", in 2016 IEEE Photonics Conference (IPC), 2016, pp. 799–802. DOI: 10.1109/IPCon.2016.7831073.
- [13] G. Liga, B. Chen, A. Barreiro, and A. Alvarado, "Modeling of nonlinear interference power for dual-polarization 4D formats", in 2021 Optical Fiber Communications Conference and Exhibition (OFC), 2021, paper M5C.2.

- [14] M. Secondini and E. Forestieri, "Scope and limitations of the nonlinear shannon limit", *Journal of Lightwave Technology*, vol. 35, no. 4, pp. 893–902, 2017. DOI: 10. 1109/JLT.2016.2620721.
- [15] J. C. Cartledge, F. P. Guiomar, F. R. Kschischang, G. Liga, and M. P. Yankov, "Digital signal processing for fiber nonlinearities", *Optics Express*, vol. 25, no. 3, pp. 1916–1936, Feb. 2017. DOI: 10.1364/0E.25.001916.
- [16] Sphere packings of dimension 4, https://codes.se/ packings/4.htm.
- [17] B. Chen, A. Alvarado, S. van der Heide, M. van den Hout, H. Hafermann, and C. Okonkwo, "Analysis and experimental demonstration of orthant-symmetric four-dimensional 7 bit/4D-sym modulation for optical fiber communication", *Journal of Lightwave Technology*, vol. 39, no. 9, pp. 2737–2753, 2021. DOI: 10.1109/ JLT.2021.3056468.